On the occasion of its 70th Foundation Day, The Indian Council for Cultural Relations announces Essay Competitions in the following categories:

**Category 1: ICCR students in India and ICCR alumni overseas**  
*Topic of essay: Studying in India - My Personality Growth, My Experience*  
*Word limit: 2000 words*  
Essays may be submitted in English language with your details (Name, Nationality, Country, Course, Institute, University, phone number) to SPD ICCR, Mrs. Sulakshana Bhattacharya, at spdawards.iccr@gov.in

**Category 2: Indian Diaspora (both NRIs and PIOs)**  
*Topic of Essay: Cultural Imprint; Retrospect and Prospects.*  
*Word limit: 2000 words*  
Essays may be submitted in English language with your details (Name, Nationality, Country of residence, address, phone number) to PO ICCR, Mrs. Archana Sharma at esssection.iccr@nic.in

**Prizes to win in each category**  
- First Prize : USD 2000  
- Second Prize : USD 1500  
- Third Prize : USD 750

**Last date of submission of essays: 30 April 2020**

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